



Last Talks with Eric Kolvig

The Transpersonal Journey

Albuquerque Vipassana Sangha

Four Thursday Nights - A Series

6:30-7:10 p.m. meditation/7:15 Dharma Talk

Wat Buddhasothorn Temple

145 Madison Street, NE

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| 1. Ascent: <i>Joy</i> | October 28 |
| 2. Descent: <i>Pain</i> | November 4 |
| 3. Peace at the End: <i>Equanimity</i> | November 11 |
| 4. Beyond the End: <i>The Deathless, Compassion,
Return</i> | November 18 |

The great way of freedom, the Buddha said, is “good in the beginning, good in the middle, and good in the end.” If you want to be free, you need to travel a great inward journey, the same journey that every mystic has traveled before you. And if you want to reach the “good in the end” destination, it would help to have a map. Drawing on what he has learned in 35 years of spiritual practice and 25 years of teaching, Eric Kolvig will try to provide that map.

Eric has been offering dharma talks at the Albuquerque Vipassana Sangha since the mid-1990s. Because he plans to offer only retreats in 2011, but no local dharma talks, this series of four talks may be his last.